

Make CPR Mandatory for Teachers .com

When your child collapses from **Respiratory Arrest (breathing problem)** due to choking, allergic reaction, asthma, etc. the first 2 minutes or **120 seconds** are critical. The rescuer must **yell** for help *while* doing **CPR**. There is **NO** time to go for help, to go find someone or to make a call.

The first **120 seconds of CPR** are critical for the child's survival.

*** If your child's teacher doesn't do *immediate* CPR your child will go into Cardiac Arrest, Clinical Death.**

If your child survives, Brain Damage is likely.

*** If the teacher gives immediate CPR your child may revive there on the spot! CPR (Compressions and Breaths) sends Oxygen to the heart & brain.**

CPR keeps Respiratory Arrest from becoming Cardiac Arrest.

• **Respiratory Arrest** - (Child: 1 to 12 years old) Your child's heart is beating & moving blood but there's **NO** Oxygen in that blood. CPR puts Oxygen in the blood. If CPR is not started immediately the lack of Oxygen to the heart muscle will lead to **Cardiac Arrest (clinical death)** and the lack of Oxygen to the brain leads to **Brain Damage**.

First 2 minutes (120 seconds) are critical to put Oxygen in the blood and deliver that blood to the heart and the brain to prevent the patient from suffering **Cardiac Arrest** and **Brain Damage**.

Immediate CPR for first 120 seconds of arrest = possible **Recovery** w/in 2 minutes!!!

Delayed CPR during first 120 seconds of arrest = **Cardiac Arrest, Brain Damage & Death!!!**

• **Cardiac Arrest** - (Adult: 12 years and older) or (*Child that doesn't revive w/in 2 min of CPR*) The victim's heart stops pumping blood to the brain effectively (**Brain Damage & Clinical Death**). **Your child is Clinically Dead. The child's heart is not moving blood with O2 to their brain.**

Children do not recover well from Cardiac Arrest.

If your child survives, Brain Damage is likely!

Cardiac Arrest Statistics

Each minute down = a loss of 10% chance of survival (2010 AHA Guidelines for CPR & ECC p.S706)

5% chance of survival if victim gets **only current AHA 2010 guidelines CPR**

5% chance of survival if victim gets **only AED**

30-40% chance of survival w/ Old pre-2004 AHA guidelines for CPR & AED (1996 AHA poster)

70-80% chance of survival w/ New 2010 CPR & AED administered w/in 2 min or 120 sec.

(2010 AHA Guidelines for CPR & ECC p.S710)

Learn the **current** American Heart Association (AHA) 2010 guidelines for CPR & AED